
LEADERSHIP JOURNEY OVERVIEW

Starting the Leadership Journey	Session 1
The Ways of the Leader	Session 2
Face-to-Face Communication Skills	Session 3
Public Speaking	Session 4
Taking Ideas to Action	Session 5
Celebrating the Leadership Journey	Session 6

AGENDA

LEADERSHIP JOURNEY SESSION 1

Starting the Leadership Journey

Welcome and Introductions	15 minutes
Activity 1 Gotcha!	5 minutes
Activity 2 Be a Leader Essential Agreement	15 minutes
Activity 3 Fist Pump, High Five and What's up?	15 minutes
Activity 4 Leadership Reflections	10 minutes
Activity 5 Balloon Bounce	15 minutes
Activity 6 Leadership Brainstorm	10 minutes
Closing Circle	5 minutes

AGENDA

LEADERSHIP JOURNEY SESSION 2

The Ways of the Leader

Welcome and Recap	10 minutes
Activity 1 I'm a Winner!	10 minutes
Activity 2 Leadership Styles	20 minutes
Activity 3 Helium Hoop	25 minutes
Activity 4 Leadership Reflections	20 minutes
Closing Circle	5 minutes

Situational Leadership Styles

The Drill Sergeant: DIRECTS

- Highly directive, low-support style.
- The group has high commitment but lack of experience.

The leader:

- makes all the decisions
- provides specific instructions.

The Mentor: COACHES

- High level of direction AND large amounts of support.
- The group has basic skill levels but lacks motivation or confidence.

The leader:

- explains the decisions
- asks for suggestions.

The Supporter: SUPPORTS

- Highly supportive, less-directive style.
- The group possesses a high skill level, but motivation varies.

The leader:

- focuses more on relationships
- makes the decisions together with the group.

The Zen Master: DELEGATES

- Low-directive, low-support style.
- The group is confident, motivated and highly skilled.

The leader:

- steps back
- allows the group to make the decisions.

Resource: Kenneth Blanchard, "A Situational Approach to Managing People"

AGENDA

LEADERSHIP JOURNEY SESSION 3 Face-to-face Communication Skills

Welcome and Recap	5 minutes
Activity 1 Energizer: Group Juggle	10 minutes
Activity 2 Nickel Pass	10 minutes
Activity 3 Active Listening	20 minutes
Activity 4 Make a Snowflake	20 minutes
Activity 5 Draw It!	25 minutes
Closing Circle	5 minutes

AGENDA

LEADERSHIP JOURNEY SESSION 4 Public Speaking

Welcome and Recap	5 minutes
Activity 1 Energizer: Word Converge	10 minutes
Activity 2 Meow!	15 minutes
Activity 3 Know Your Audience	15 minutes
Activity 4 Body Talk	25 minutes
Activity 5 Speech Structure	20 minutes
Closing Circle	5 minutes

SPEECH STRUCTURE

Welcome the audience
(know who your audience is)

Introduce yourself
(tell more than just your name)

Introduce your topic
(consider how to connect the topic to you)

Give three points about your topic:

- 1.
- 2.
- 3.

Wrap up your speech
(loop back to the connection or summarize points)

Thank the audience

AGENDA

LEADERSHIP JOURNEY SESSION 5

Taking Ideas to Action

Welcome and Recap	5 minutes
Activity 1 Jack-in-the-Box	5 minutes
Activity 2 Cares in Pairs	20 minutes
Activity 3 Ideas to Action	15 minutes
Activity 4 Speech Preparation	20 minutes
Activity 5 Share in Pairs	20 minutes
Closing Circle	5 minutes

MY SPEECH

Welcome the audience.

Introduce yourself.

I care about _____.

Three points about it:

- How it's connected to you or why you care.
- A statistic or piece of information.
- An idea to take action.

Wrap up and thank the audience.

AGENDA

LEADERSHIP JOURNEY SESSION 6 Celebrating the Leadership Journey

Welcome!

Recap: Leadership Journey Sessions

1. Starting the Leadership Journey
2. The Ways of the Leaders
3. Face-to-face Communication
4. Public Speaking
5. Taking Ideas to Action
6. Celebrating the Journey

Activity 1

Build a Handshake

SPEECHES

Thank You and Certificates