



ISSUE 21 FREE

SCRATCH

MAGAZINE

BASIN YOUTH ARTS & ISSUES

Get Published GET PAID

{ There are two deadlines annually for submissions: }
Spring Issue = **JANUARY 1** Fall Issue = **JULY 1** }

PHOTO COLLECTIONS

High Resolution

- Collections must be three photos
 - Minimum 300 dpi resolution at 8" wide.
 - File name must be photo name.
- \$60** per collection.
\$100 if one of the collection photos is chosen for the cover.

Camera Phone

- Collections must be three photos of any resolution.
 - File name must be photo name.
 - Not eligible for the cover.
- \$60** per collection.

ARTICLES *Limited to 500 words \$40 Limited to 1,000 words \$80*

Basin Snapshot

Write about a place in the Columbia Basin that you love, that you go to, that you hide in, that you can't wait to get back to. Wherever it is, it must exist and the piece should describe the space and how you feel when you are there.

Shout It Out

What are the issues you are thinking and talking about? Shout it out, provide some insight, provide some solutions and get the conversation started!

The Moment

Write about the moment that everything changed.

Your Stuff

You can also submit articles that address topics you are passionate about or events and projects you are participating in.

POETRY *Limited to 30 lines \$20*

Pics in Print

Look at a photo and put that image into poetry.

A Message From the Universe

Today you realize the universe is sending you a message. Put that message into poetry.

Ode in Poem

Write a lyric poem that celebrates a person, place, thing or idea.

FICTIONAL PROSE *Limited to 500 words \$30*

Conversations Overheard

Have you heard something interesting or bizarre lately? Take that one-liner that you overheard and turn it into a short story. Provide the one-liner and the location where you overheard it.

Postcards to Me

Write a postcard to yourself from the perspective of (a) future you, (b) a current emotion or (c) a past life.

People vs. Machine

Write a story about a relationship between a person and a machine; be sure to use dialogue.

IN EVERY ISSUE

iCandy

Send your latest "go-to" websites for useful and useless browsing.

Horoscopes

Send your version of a set of horoscopes for the summer or winter.

Questions Out Loud

Send your questions to our advice providers.

The Ten Things

With 10 minutes on the clock, write a list for:
•the 10 things I WILL OR WILL NOT need on a mountaintop.
•the 10 things I WILL OR WILL NOT take on my road trip.

Consent forms must be received for all submissions to be considered for publication.

WWW.CBT.ORG/SCRATCH

THEUSUAL

- 5. EDITORIAL**
//MICHELLE D'ENTREMONT
You could call it "The Action Issue."
- 54. ICANDY**
New and noteworthy on the interweb.

FEATURED

- 6. CONNECT YOUTH ACTION SUMMIT**
Three days of inspiration.
- 8. YAC: CONNECT LEADERS**
We all took away knowledge and skills that we would never had gained otherwise.
- 10. CONNECT: MULTIMEDIA TEAM**
It turned out to be a busy weekend, but everyone left with some awesome filmmaking experience and knowledge.
- 12. CONNECT: SESSIONS**
Got the participants inspired and educated about creating positive change in their communities.

FEATURED(CONT.)

- 14. CONNECT: ACTION PLANNING**
The first step was brainstorming.
- 28. CONNECT: EVENTS**
A fast-paced event that everyone agreed was a fun and highly energetic way to end the weekend.
- 30. OUTDOOR EDUCATION: A PATH TO LIFELONG LEARNING & SUCCESS**
//JAYA DUCHARME
Remember this in the next few years; it will ground you and give you direction.
- 34. LOOKING BEYOND THE SINGLE STORY**
//PANIZ KHOSROSHAHY
I had indeed used a TV before coming to Canada.

INSPIRED

- 36. VISUALS**
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KEN POSTNIKOFF//CASTLEGAR
CRYSTAL UNGER//NAKUSP
MANDY HUSER//SALMO
TARO FIDDICK-HALFNIGHT//NELSON
KARA DEANE//ROSSLAND
JAMES KLEMMENSEN//ROSSLAND
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KATIE JAMES POETSCH//NELSON
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- 46. DROPS OF CREATIVITY**
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- 52. POETRY SOLVE ME**
//SADYE BUTLER
- ONCE UPON A TIME...**
//JENNIFER DIMOCK
- INSIDE**
//BROOKE JOHNSON
- CHESS**
//EMMI MATERN
- WHISPER**
//KRISTYN GOULDING
- DIRTY LAUNDRY**
//SADYE BUTLER
- THE STORM**
//LORAE BLACKMORE
- OUR FUTURE**
//EMMI MATERN

SCRATCH

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To subscribe, distribute or view issues online visit **www.cbt.org/scratch**.

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Submissions are selected by a Youth Editorial Committee; if your group is interested in forming the next Editorial Committee, email **scratch@cbt.org**.



I'm so excited about this issue of *SCRATCH!* You could call it "The Action Issue," as it features all the action that took place at CBT's Youth Action Summit (called CONNECT), plus all the action that took place after.

CONNECT was an opportunity for young people to get engaged and grow as leaders and wow, did the participants step up. I saw incredible dedication and commitment in the planning and implementation of action plans. I was impressed with the professionalism and the work of the Multimedia Team, and I really got caught up in the incredible energy and

passionate networking that took place at the summit. Watch our website for info about future summits.

Be sure to check out our new submission guidelines and assignments. *SCRATCH!* was created by young people of the Basin over 10 years ago and continues to celebrate the voice of youth. So get going, get published and get paid!

**MICHELLE
D'ENTREMONT
BASIN YOUTH
LIAISON**



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CONNECT



YOUTH ACTION SUMMIT



Fifty-five young people from all around the Basin gathered in Kimberley May 3-6, 2012 for CONNECT, a three-day inspirational Youth Action Summit. Participants were inspired, educated and empowered to take action in their communities.



YAC

CONNECT LEADERS



Frida Viklund Photo

Front to back

JANE ROLANDI//CRANBROOK

MIRANDA DE GROOT//CRANBROOK

TARYN WALKER//REVELSTOKE

ZEB HANSELL//FRUITVALE

LAURA ARCHER//GOLDEN

MATT FONTES//CASTLEGAR

BLAKE NICOL//NELSON

KYLER PEREPOLKIN//SOUTH SLOCAN

CBT's Youth Advisory Committee (or YACers as we call them) is a group of involved, inspired, creative youth from around the Basin who are interested in making a difference. The YACers play an important role for CBT, from adjudicating youth grant applications to providing a youth voice on program and policy development.

This year the YACers also spent a big part of their meeting time planning CONNECT.

The YAC members were not only team leads at CONNECT, but some also contributed to facilitating sessions and supporting the Multimedia Team. A huge shout-out to Laura and Matt, senior YAC members, who were CONNECT's Masters of Ceremonies—they provided some hilarious moments and kept everyone on track.

“Thomas Edison said, ‘Opportunity is missed by most people because it is dressed in overalls and looks like work.’ CBT provides great opportunities that influence youth leadership in the Basin. Even though it took a bit of work to pull CONNECT together, it was one of the more meaningful weekends I’ve been a part of for gaining leadership insights.”

MATT FONTES//CASTLEGAR

“Everything I’ve been involved with at CBT has taught me valuable leadership skills that I know I will use for the rest of my life. Being involved in the summit was an incredible experience and opportunity. It helped me grow as a leader, but also allowed me to meet amazing young leaders from around the Basin and watch them grow as well. I think we all took away knowledge and skills that we would have never had the opportunity to gain otherwise. It was very rewarding to see the process of the summit from beginning to end, and I know I left feeling inspired.”

TARYN WALKER//REVELSTOKE

“I was fortunate to be the Multimedia Team leader. We had a great group who really stepped up to the challenge of documenting all the weekend’s activities. As well, we underwent a day-long media crash course before the summit to help us all better understand video cameras, video editing software and filmmaking techniques. The training—provided by Pacific Cinémathèque (thanks guys!!)—ensured our team was able to turn out an excellent series of mini-videos. The summit was a really positive experience that everyone benefited from. We worked, made friends and had an awesome time doing it.”

ZEB HANSELL//FRUITVALE

CONNECT

MULTIMEDIA

TEAM

CONNECT had its own Multimedia Team

of eight creative youth from across the Basin. Supported by Liz Schulze and Mitch Stookey, members of Pacific Cinémathèque's Education Department, and YAC member Zeb Hansell, these youth had a full-day media training boot camp before the summit. The team then filmed and edited material from the summit and documented it in short videos. It turned out to be a busy weekend, but everyone left with some awesome filmmaking experience and knowledge.



WWW.CBT.ORG/CONNECT
to view the videos

PACIFIC CINEMATHEQUE

Is a non-profit film society, whose Education Department offers media education programs and resources for youth, teachers, filmmakers, and community groups. Visit education.cinematheque.bc.ca.



DANIKA REID//CRANBROOK

Danika wanted to be a part of CONNECT's Multimedia Team to connect with other people her age, contribute her ideas and learn how to get more people involved in their community. Danika is very involved in her community through school, volunteering and church. Photography is one of her passions, along with music, writing, hiking and travelling. One of Danika's personal goals is to become a street musician in New York.



JAMES KLEMMENSEN//ROSSLAND

James wanted to be part of CONNECT's Multimedia Team to meet and work with others who share his interest in film and photography. James has been involved in many film camps and competitions and is running a summer film camp for eight- to 12-year-olds in his home community of Rossland, called Lights, Camera, Action! His goal is to attend the Vancouver Film School.



JAMIE FAIRBAIRN//ELKFORD

Jamie wanted to be part of CONNECT's Multimedia Team to learn new skills and make new friends from all over the Basin. Jamie is a co-editor of her school's yearbook, has attended Encounters with Canada's Journalism Week and enjoys taking photos. Jamie's personal goals are to have fun, make people smile and learn new things.



KORI DOTY//WINLAW

Kori wanted to be part of CONNECT's Multimedia Team to create connections with other people with the same interests and discover the networks of resources and supports that are available in the Basin. Having recently moved to Winlaw from Vancouver, Kori brought experience working with youth groups, blogging and writing and has been involved in numerous film documentaries. Kori's personal goals are to create a skills-share hub that would allow for knowledge exchange around creating sustainable food alternatives for people living in the community.

LIAM BARNES//ROSSLAND

Liam wanted to be part of CONNECT's Multimedia Team to gain cinematography experience, learn new skills and meet and work with other people who share his interests. Liam has entered and won awards for his films and has participated in several film-related youth discussion panels. Liam's personal goals are to someday move to a city, but always keep film and parkour a part of his life.



THERESA THOMS//CASTLEGAR

Theresa wanted to be a part of CONNECT's Multimedia Team to learn media skills and new ways of taking action and making change. Theresa is very active in her community through school and Rotary Interact. Photography, writing, reading and travelling are Theresa's interests, and one day she hopes to travel and make a difference in the world.



SYDNEY WHITE//REVELSTOKE

Sydney wanted to be a part of CONNECT's Multimedia Team to take away a broader perspective of the Basin, as well as filming and video editing skills. Sydney is looking for ways to contribute to her new community of Revelstoke. Photography is a hobby of Sydney's and her personal goal for this year is to ski or snowboard every month.



MEGAN CRANDALL//GOLDEN

Megan wanted to be part of CONNECT's Multimedia Team to take away new multimedia skills and new friends. She also wanted to learn about new opportunities that she could bring back to her community of Golden. Megan is very involved in her school and loves music and hanging out with her friends. Megan's personal goals are to win the lottery and fight for the rights of youth all over the world.



CONNECT TEST

“Good information and great insight.”

*“Really good to hear other people’s
stories and opinions.”*

*“Awesome to have input from adults who are
involved in their communities.”*

“Candid and helpful.”

“Very educational—the panels were great!”

S T I O N S

CONNECT kicked off with a variety of sessions to inform and inspire.

Pacific Cinémathèque's Education Department hosted the Film Show, short films that featured young people taking action in both local and global capacities. The highly informative films were diverse and gave viewers a taste of the different types of actions that are possible. Everyone agreed that, films are a great way to get inspired and learn about what young people are doing all over the world.

The first full day at CONNECT began with a welcome from Joe Pierre Jr., a council member of ?aq'am community. The participants loved hearing and learning some of the Ktunaxa language.

**?aq'am, also known as St Mary's,
is a member community of the
Ktunaxa Nation, located eight km
north of Cranbrook. Visit
www.firstvoices.com/en/ktunaxa
to learn and hear more.**

Two informative panel discussions followed, which got the CONNECT participants inspired and educated about creating positive change in their communities.

The first set of panelists included: Wesley Graham, Creston City Councillor; Trina Ayling, SD5 School Board Trustee; Diana Scott, Cranbrook City Councillor; and Greg Deck, CBT Board Vice-Chair and past Mayor of Radium Hot Springs. They explained how they came to fill their elected positions and gave great insight into how Basin communities work and the importance of youth in those networks. It was evident that every circumstance is different and people have different paths, goals and reasons for taking on leadership roles.

The second panel had the youth talk about how they created change in their communities. Alysha Seriani was active in the creation of the Cranbrook Youth Arts Centre; Nancy Regular launched Love Is Louder in Elkford; Nicole Spencer and her Rossland Interact Club built trails in their community; Hailey McLeod was part of developing Nakusp as a Fair Trade Community; Darelyn Hutchinson from Cranbrook attended the Youth Centres Canada Conference, Ignite and Unite; Dan Moe is part of the Happiness Project in Kimberley; and Kyler Perepolkin spoke about his role on CBT's Youth Advisory Community.

There were great discussions that followed the panels, which got everyone really motivated to start their action planning!



**VIEW
THE
VIDEOS**

CONNECT YOUTH ACTION MONTH



Inspired, educated and empowered to take action — after attending CONNECT, that's how participants felt, coming away with the tools they needed to hold successful action events in their communities.

The first step was brainstorming. Participants shared ideas before making decisions and diving into details. They then pitched their plans to each other—even if it meant overcoming the fear of public speaking.

With lots of support from CBT staff and each other, the participants came up with an impressive list of action events for CONNECT Youth Action Month. Check them out on the following pages.



**VIEW
THE
VIDEOS**

youth art on

THE ELK

ACTION PROJECT NAME:

COMMUNITY:

FERNIE

The goal of Youth Art on the Elk was to empower youth through self-expression by providing space and material for an artistic outlet outside of school. The pair booked the Fernie Arts Station and invited youth to come and get creative. Leslie Graham, a Fernie artist, provided inspiration and guidance to over 20 young people who came to the three-session program. The pair felt the best part was the positive response from the youth. They also enjoyed being able to do their own art without any restrictions, and also the food.



AYLA BENNETT//FERNIE

Ayla came to CONNECT for new ideas and motivation, and to gather the means to make a difference in her community. Ayla is proud of the great community-based initiatives in Fernie, such as Eco Garden, water monitoring, film festivals and the Fernie Trails Alliance. Ayla would like to see the creation of a space for youth in Fernie and some encouragement for them to have a voice in decision-making within the community. Ayla's personal goals are to continue doing what she loves and making a difference in her community.



MIRANDA PAYNE//FERNIE

Miranda came to CONNECT to learn how to connect with her community and make a difference in Fernie's youth programs. One thing Miranda is proud of is Fernie's "really awesome" women's centre and the fun space it provides to young girls to hang out and socialize. She would like to see an increase in youth programs in Fernie. Miranda's personal goals are to go to university and become a youth counsellor, as well as someday travel to Africa.

activate

WINLAW

ACTIVATE WINLAW

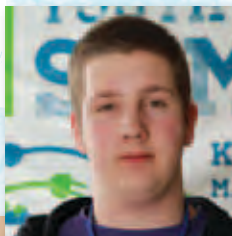
ACTION PROJECT NAME:

COMMUNITY:

WINLAW

The goal of Activate Winlaw was to begin to plan events that inspire, raise awareness and bring youth together for the better of their community. Young people from around Winlaw were invited to an evening of conversation at Cedar Creek Café. The organizers felt the best part was getting everyone together and the great food. The group is now going to see how it can become involved in the Rails to Trails and help maintain and do some cleaning up in the area.

action team



JAYDEN FEHR/WINLAW

Jayden came to CONNECT to take away skills and knowledge about how to engage the community and organize action. A positive component in Winlaw he would like others to know about is the Slokan Valley Recreation Commission. He would like to see a decrease in youth apathy in Winlaw. Jayden's personal goals are to graduate high school with a high average, go to university to study pharmacology and one day set up a retail pharmacy.



ELLIOT GATENBY/WINLAW

Elliot came to CONNECT to gain experience in community-driven action planning. Elliot is proud of how much the residents care about the environment in Winlaw. Elliot loves Winlaw so much there isn't anything that he would like to change about it. Elliot's personal goals are to become a journalist for an underground newspaper or website and start a blog to showcase favourite photos, recipes and music.

PROJECT

APATHY PROJECT

ACTION PROJECT NAME:

COMMUNITY:

KIMBERLEY

The goal of the Apathy Project was to motivate young people in the Kimberley middle school to get involved in their community and the world. Breanne spoke at an assembly about some of the great experiences she has had volunteering and attending larger youth gatherings outside the region. Breanne was excited to have some of the students approach her later with more questions about getting involved.

action team



BREANNE AGNEW//KIMBERLEY

Breanne came to CONNECT to take away the ability to better plan local events. One thing Breanne is proud of in Kimberley is the Helping Hands Food Bank. She thinks it is an amazing program and hasn't seen any other food bank run as efficiently. She would like to see an increase in the amount of youth involvement in Kimberley. Breanne's personal goals are to go to Vancouver for a wedding planning course and then overseas for humanitarian aid.

PROJECT

SUPPORT FOR THE INVERMERE SAFE HOUSE

ACTION PROJECT NAME:

COMMUNITY:

INVERMERE

The goal of this action was to gather volunteers to get supplies and organize kits for the women who leave the Invermere Safe House, as well as beautify the flowerbox at the door of the home. Alexandra arranged for volunteers to come together for this task and felt the best part was getting connected to the home and seeing how other groups in the community wanted to become involved. Alexandra plans to continue volunteering with the home.

action team



ALEXANDRA TAYLOR//INVERMERE

Alexandra came to CONNECT to learn how to be more connected with CBT; she wanted to learn from it and find out how CBT's resources can help her with her ideas. One thing Alexandra is proud of in Invermere is how her community rallies around a new idea and volunteers its time. She would like for the community to be more welcoming and inclusive to new residents. Alexandra's personal goals are to have an effect on the people and places where she works and volunteers.

born THIS WAY

ACTION PROJECT NAME:

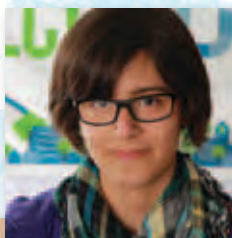
BORN THIS WAY

COMMUNITY:

CRANBROOK

The goal of this action was to host a Born This Way day. This awareness campaign encouraged students at Mount Baker Secondary School to write their biggest insecurities on their shirts to break down barriers among youth, work toward building self-esteem and create an environment that accepts differences. The pair felt the best part was seeing the direct impact the campaign had on one student, who realised that she's worth it, that no one will ridicule her for certain aspects of her personality and that everyone feels the same way sometimes. Kya and Paniz hope to host this campaign again next year and reach the middle schools of the community.

action team



PANIZ KHOSROSHAHY//CRANBROOK

Paniz came to CONNECT to learn about the potentials, possibilities and procedures for creating change. One thing Cranbrook is doing that she would like to share with others is Street Angel, a program launched by the Ktunaxa Nation that addresses concerns about Nation members and others living on the street within the Ktunaxa traditional territory. The one thing Paniz would most like to change in her community is how people approach education and culture. Paniz's personal goal is to live her life through her interests.



KYA SHERRET//CRANBROOK

Kya came to CONNECT to gather knowledge about organizing and executing events. One thing Kya is excited about in Cranbrook is the creation of the arts centre for youth. She would like to see less of the apathy and close-mindedness that she feels are dominant in her community. Kya's personal goals are to earn a Bachelor of Education from the University of Victoria and teach people how to be the best they can be.

UNTITLED:

an art project

ACTION PROJECT NAME:

UNTITLED:
AN ART PROJECT

COMMUNITY:

KIMBERLEY

The goal of this action was to host a planning session with the local art club for a youth art auction in the fall. The art club consists of young artists who either can't take art class due to other class needs or simply love art. There is a parent volunteer who brings supplies from her own pocket, plus the school's leftover art class supplies. The club members have planned to host an art auction in the fall to raise funds for the club to buy its own supplies.

action team



SAMANTHA CRAWFORD//KIMBERLEY

Samantha came to CONNECT for lasting friendships, leadership skills and information for helping her community. One thing Samantha loves about Kimberley is its sense of togetherness. Samantha would most like to see an increase in opportunities for youth in Kimberley. Samantha's personal goals are to work for Pixar and be successful.

food for THOUGHT

ACTION PROJECT NAME:

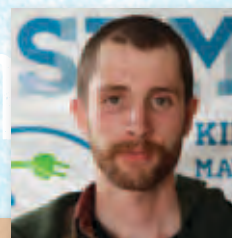
FOOD FOR THOUGHT

COMMUNITY:

KIMBERLEY

The goal of Food for Thought was to bring community members together to share good food and conversation, which kicked off with an awareness-raising film called *Dirt!* The event took place at the Kimberley Youth Centre and saw a diverse group come together. Dan felt the best part was the sharing. "It was encouraging to have such positive individuals sharing in good food and a good thought-provoking video."

action team



DAN MOE//KIMBERLEY

Dan came to CONNECT to take away inspiration, a stoked inner fire and a trust in positive change by the youth of the region. One thing Dan is proud of in Kimberley is how the citizens are optimistically persevering and doing what they can to enrich their community. He would like to see greater momentum toward sustainability in Kimberley. Dan's personal goal is to live without dead time.

cranbrook

ART RACKS

ACTION PROJECT NAME:

CRANBROOK ART RACKS

COMMUNITY:

CRANBROOK

The goal of this action was to have bicycle racks installed around Cranbrook that have an artistic aspect. Thea and Paniz sketched a possible design that incorporated Cranbrook's historical heritage into something that could serve both as a bike rack and public art. With some apprehension, the two prepared a PowerPoint presentation for Cranbrook City Council, and were assured from the smiles on the faces of the mayor and council members about their success in reaching their audience. Council approved their plan with much delight. Thea and Paniz hope that local art teachers will have their students design artistic bike racks and host contests and involve students in the creation of the racks.

action team



PANIZ KHOSROSHAHY//CRANBROOK

Paniz came to CONNECT to learn about the potentials, possibilities and procedures for creating change. One thing Cranbrook is doing that she would like to share with others is Street Angel, a program launched by the Ktunaxa Nation that addresses concerns about Nation members and others living on the street within the Ktunaxa traditional territory. The one thing Paniz would most like to change in her community is how people approach education and culture. Paniz's personal goal is to live her life through her interests.



THEA RODGERS//CRANBROOK

Thea came to CONNECT to take away action inspiration, new friendships and knowledge. One thing Thea would like to share about Cranbrook is the positive support for youth sports and athletics. She would like see more bicycle lanes and parking in Cranbrook. Thea's personal goals are to earn a Masters of Science, backpack in South America, learn Russian, play more Gershwin and stay happy.

thinking outside the

BOTTLE

ACTION PROJECT NAME:

THINKING OUTSIDE THE BOTTLE

COMMUNITY:

KASLO

The goal of Thinking Outside the Bottle was to host an awareness campaign to reduce the consumption of bottled water at J.V. Humphries Elementary/Secondary School in Kaslo. The pair spoke at a school assembly and informed the students about the impacts of using plastic water bottles. The pair then distributed stainless steel water bottles that had a fun logo and statistic on it to every student. It was noticeable even weeks later that over half the students were using their bottles daily.



LARA HUNTER//KASLO

Lara came to CONNECT for new ideas about how she can be more active in her community. One thing Lara is proud of in Kaslo is the Local Food Cupboard, a place where farmers can bring their excess produce for those in need. She would like to see an increase in youth involvement in Kaslo. Lara's personal goal is to live a happy and fulfilling life by helping people and businesses with their finances.



ROSE SHINE//ARGENTA

Rose came to CONNECT to take away the ability to make a change in her community and some new friends. One thing Rose loves about Argenta is her school's youth group, Social Awareness, which raises awareness and money for both local and international causes. She would like to see an increase in youth involvement in Argenta. Rose's personal goals are to travel around the world and always have a great time.

action team

paws PROJECT

ACTION PROJECT NAME:

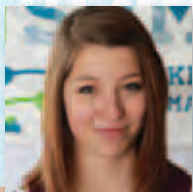
PAWS PROJECT

COMMUNITY:

NELSON

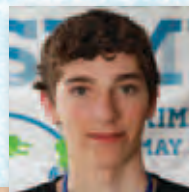
The goal of the Paws Project was to host a fundraising competition and raise awareness for the local SPCA. The group raised \$370 for the SPCA and built a lot of awareness through a presentation to students and the distribution of SPCA T-shirts and bags. They felt the best part was the feeling they were able to help out animals by volunteering their time to this fundraiser.

action team



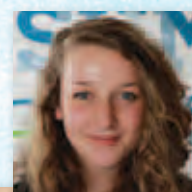
TAYLOR BELANGER//NELSON

Taylor came to CONNECT to create an action plan that would make a difference in her community. Taylor feels one positive thing that Nelson is doing is the food bank. She would like more people to be involved in helping the homeless. Taylor's personal goals are to become a nurse, be known for helping in the community, be happy and travel to many places around the world.



BLAKE NICOL//NELSON

Blake came to CONNECT to develop skills that will allow him to better help out in his community. One thing Blake loves about Nelson is how open-minded everyone is. He would like an increase in programs in Nelson directed at youth involvement. Blake's personal goals are to attend university, someday become a cardiac surgeon and volunteer his time in his community.



BAILEY REPP//NELSON

Bailey came to CONNECT to take away better organization and leadership skills. Bailey is proud of how people in Nelson have passion to get involved, diverse creativity and a growing acceptance of equality for everyone. She would like to see more alternative opportunities and youth programs. Bailey's personal goals are to stay inspired and get an internship or job with a ski film production crew.



YOUTH NETWORK

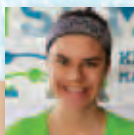
REVELSTOKE'S YOUTH NETWORK BRANDING & ENGAGEMENT

ACTION PROJECT NAME:

COMMUNITY:

REVELSTOKE

The goal of this action was to host a name and logo contest, as well as a kickoff event for the new youth network in Revelstoke. The network plans to bring youth together to create their own opportunities and to empower them to be leaders and get involved in their community. Stoke Youth Network was selected as the new name and the winning logo is a stylized owl—pretty cool! The network partnered with Revelstoke's Street Fest (nightly live music in Grizzly Plaza) to host a summer kickoff event that included a youth open-mike stage, food vendors and booths from local businesses and organizations that offer opportunities for youth throughout the summer. The group felt the best part was seeing how much excitement and interest the prize display stimulated in the high school cafeteria, as well as seeing how receptive local businesses and organizations were to the concept of a youth network.



TARYN WALKER
//REVELSTOKE

Taryn came to CONNECT to take away inspiration from the other attendees and their stories. One thing Revelstoke has that she would like to share with others is the great emerging music scene. She would like to see more leadership opportunities for youth in Revelstoke. Taryn's personal goals are to make a difference, learn new things and challenge herself.



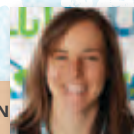
JOSH ROTA
//REVELSTOKE

Josh came to CONNECT for ideas on how to make his community better. One thing Josh loves about Revelstoke is how "green" many of the citizens are. He would like Revelstoke to have more opportunities for young people. Josh's personal goals are to become a member of CBT's Youth Advisory Committee and someday be a Canadian politician.



M'LIZ LEE
//REVELSTOKE

M'Liz came to CONNECT to take away tools to help out and make change in her community. One thing M'Liz is proud of in Revelstoke is its strong music and arts culture. She would like teens to become more involved in Revelstoke. After M'Liz graduates from high school, she plans on taking a year off and then attending the University of British Columbia, British Columbia Institute of Technology or a university in Ontario to study business.



KARLENE LOUDON
//REVELSTOKE

Karlene came to CONNECT to take away a plentiful partnership with some radical Revelstokians. One thing Karlene is proud of in Revelstoke is the launch of the Youth Action Plan, which was created last year and offers suggestions for increasing youth-driven engagement. She would like to see an online hub through which youth can access information about opportunities in Revelstoke. Karlene's personal goal is to earn applied entrepreneurial skills that will assist her in the start-up of an adventure-tourism-focused business.

skills

SHARE

SKILLS SHARE

ACTION PROJECT NAME:

COMMUNITY:

NAKUSP

The goal of Skills Share was to build ties across generations. The pair wanted to engage and build relationships with elders of the community, so they asked two local seniors to teach some young people how to knit. They discovered the seniors were very passionate about passing on these skills, and felt the best part was talking about the importance of passing on wisdom to youth. Hailey and Liam hope to host another Skills Share event next year.

action team



HAILEY MCLEOD//NAKUSP

At CONNECT, Hailey loved talking to the adults who had made their careers out of community building and hearing about the other things they are passionate about. One thing Hailey loves about Nakusp is Music in the Park, which happens every Wednesday in the summer and provides the opportunity for people to showcase their talents. She would like to see more career opportunities for young people in Nakusp to keep them in the area. Hailey's personal goal is to travel around the world.



LIAM LEGAULT//NAKUSP

Liam came to CONNECT to gain a good background in leadership skills, which he wishes to use to help set up a youth centre in Nakusp. One thing Liam is proud of in Nakusp is Music in the Park. The one thing Liam would like to see in his community is a youth centre.

speak up, speak out

SPEAK UP, SPEAK OUT – YOUTH DINNER

ACTION PROJECT NAME:

COMMUNITY:

CRANBROOK

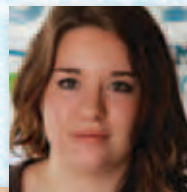
The goal of this action was to bring together a variety of Cranbrook youth from different cliques and lifestyles to find out what they would like to see happen in their community. The group came out for a great meal and a conversation that flowed nicely, and learned about local programs for youth. They talked about the kind of community they want to live in and what it would look like. Lauren, Lani and Darelyn felt the best part was seeing all the youth from different backgrounds come together in a non-judgmental atmosphere and participate together as an inclusive group.

After the event, Darelyn and Lani were invited to facilitate a peer networking group at the Soaring Eagles Youth Conference. The group is interested in continuing to work on youth initiatives in the community and keep collecting youth voices.



DARELYN HUTCHINSON//CRANBROOK

Darelyn came to CONNECT to gather knowledge about what other youth are doing in the Basin, as well as create partnerships and be inspired. One thing Darelyn is proud of in Cranbrook is the large amount of social support for youth. She would like to see Cranbrook youth have more of a voice. Darelyn's personal goal is to be the best that she can be.



LANI DAVIS//CRANBROOK

Lani came to CONNECT to take away knowledge to help better her community and others. One thing Lani loves about Cranbrook is its amazing programs like ANKORS, Better Babies and the Women's Centre, which offer harm-reduction services and help people, all while making them feel welcome. She would like people to be more aware and open-minded in Cranbrook. Lani's personal goals are to travel the world, meet new people, learn about other cultures and document her trips through writing, photography and film.



LAUREN NILSSON//CRANBROOK

Lauren wants to take the information she gathered at CONNECT and use it to make a change. Lauren is impressed how Cranbrook comes together in a time of crisis. She would like for sports to be more affordable for lower-income families and youth in Cranbrook, so everyone who wanted to could participate. Lauren's personal goals are to attend university and play basketball at the University of British Columbia, its Okanagan campus or Simon Fraser University.

MORE

CONNECTIONS



MELISSA DEDEMUS//ROSSLAND

Melissa came to CONNECT to gather knowledge and skills to help her community. One thing Melissa loves about Rossland is the arts council, but she'd like it to have more things for youth to do. Melissa's personal goals are to graduate high school and then earn a Bachelor of Software Engineering.



GALEN REILLY//CASTLEGAR

Galen came to CONNECT for good memories and an opportunity to help his community. One thing Galen is proud of in Castlegar is Art Walk, which has been running for 16 years. He would like to see support for homeless youth and work toward the development of a safe place for them to go. Galen's personal goal is to finish school to become an accountant.



LEWAI RATUDRADRA//ELKFORD

Lewai came to CONNECT for leadership skills and the courage to make a change in her community. One thing Lewai loves about Elkford is how scenic it is. She would like to see more unity in Elkford. Lewai's personal goal is to find an occupation in which she is happy and can help people.



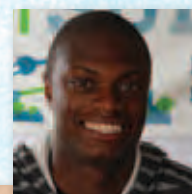
NANCY REGULAR//ELKFORD

Nancy came to CONNECT for leadership skills, renewed passion for her community and new friends. One thing Nancy is proud of in Elkford is the sense of unity. She would like to see it become a fair-trade community. Nancy's personal goal is to raise money to free victims of human trafficking.



JUSTIN LYSOHIRKA//CRESTON

Justin came to CONNECT to take away skills to become a better leader in his community. Justin is impressed with the agricultural community and the Saturday farmers' market in Creston. He would like there to be more for youth in Creston, such as a youth centre. Justin's personal goals are to become a singer and help charities.



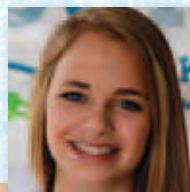
AARON GREGORY//CRESTON

Aaron came to CONNECT to gain leadership skills and knowledge about volunteerism and become a more well-rounded person. One thing Aaron is proud of in Creston is the great agriculture in the region. He would like to see more community diversity and an increase in culture in Creston. Aaron's goal is to travel back to Haiti to volunteer and provide help to the people there.



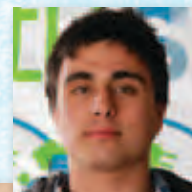
VICKY PAQUETTE, CRESTON

Vicky came to CONNECT to gain a sense of leadership and good friendships. The great thing about Creston is the Saturday farmers' market. She would like to see teens and young adults have more of a voice in Creston. Vicky's personal goals are to help people anywhere it is needed.



SARA LAPOINTE//ROSSLAND

Sara came to CONNECT to take away inspiration and get something that would give her a push forward. She is proud of Rossland's sense of family, but she'd like it to have more things for youth to do. Sara's personal goals are to eventually graduate from medical school and someday save the world.



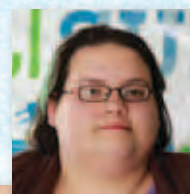
RAVEN TRUTH//NELSON

Raven came to CONNECT for deepened connections with his peers and his community. One thing Raven loves about being in Nelson is having the opportunity to attend SelfDesign High. He would like people to feel they can get together and do the things they are passionate about. Raven's personal goals are to change the world and have a fulfilling, exciting and all-around good life.



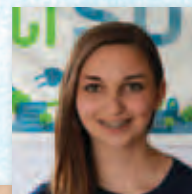
NICOLE SPENCER//ROSSLAND

Nicole came to CONNECT to take away an understanding of what people are doing in other communities and use some of their ideas in Rossland. One thing Nicole loves about Rossland is its community garden. She loves how her community feels and wouldn't want to see any significant change. Nicole's personal goals are to travel the world and learn about each country's culture.



LEAH-SYDNEY PETTIT//NELSON

Leah-Sydney came to CONNECT to take away a better understanding of herself and her community, and what she can do to improve both. One thing Leah-Sydney is proud of in Nelson is Stepping Stones 4 Success, a non-profit homeless shelter. She would like to see an increase in positive engagement from Nelson residents. Leah-Sydney's personal goal is to write for the *Toronto Sun*.



ALYSSA MARTINI//CASTLEGAR

Alyssa came to CONNECT to take away new ideas that will help better her community. Alyssa is proud of Sculpture Walk in Castlegar. She would like to see less segregation between generations in Castlegar and the gap between them bridged. Alyssa's personal goal is to make a difference in people's lives.

CONNECT LIVE

“Best time ever.”

“Great creativity!”

“Crazy and fun!”

“I loved performing and being part of a team.”

“AMAZING! So much talent!”

“Laughed, danced, sang—what’s not to love!”

After all the action planning work was complete, the CONNECT participants got to let loose and try something new. A variety of workshops were offered, led by some incredible instructors. Choices included hula hooping, improv comedy, mixing DJ, glee club, belly dancing, hip hop dancing and slam poetry.

That night, at the Stage Show, everyone had a chance to perform their new talents and, wow, what an impressive show it was! Everyone did a fantastic job and the show was super fun, to say the least. The show opened with a crowd-rousing rendition of Journey’s, “Don’t Stop Believin” by our Master of Ceremonies, YACers Laura and Matt, and ended with fantastic and hilarious renditions of some karaoke classics.



NTS



Connected communities empowers youth to action.

Jane, Golden Gladiators

I came, I planned, I grew.

Hailey, Golden Gladiators

Met some action driven, radical youth!

Karlene, Rebel Alliance

This weekend was awesome + knowledgeable!

Lewai, Team Troop Spirit

Well, it was just plain awesome.

Breanne, Red Coats

Fun times planning with great people.

Alexandra, The Awkward Silence

Once upon a time I action-ed.

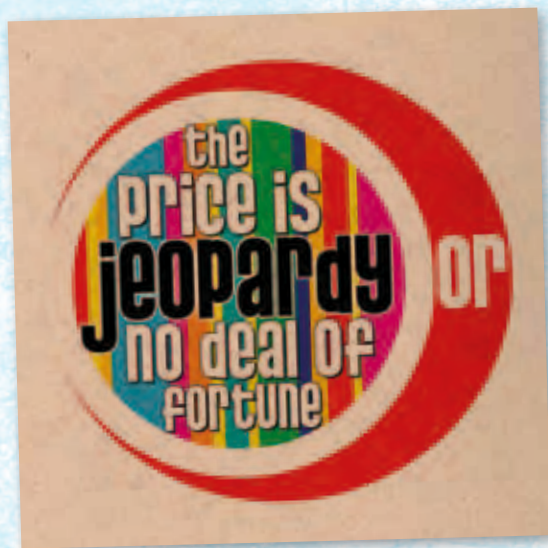
Bailey, The Awkward Silence

This weekend was truly transformative. Thanks!

Matt, Silver Unicorns

It was a super awesome weekend.

Liam, Purple People Eaters



“*The Price Is Jeopardy or No Deal of Fortune*” is a game show where you are the show. An outrageous mix of brain-testing trivia and inhibition-busting games, hosts Phillus Dillus and Rupert got everyone thinking, singing and moving. The participants were challenged on their social media knowledge, visual knowledge of Basin communities from Google Earth images, CBT history and Disney songs, plus played a crazy variation of musical chairs. The game show was a huge highlight of CONNECT and an awesome way to unwind after a day of action planning!



**VIEW
THE
VIDEO**



OUTED EDUCY

JAYA DUCHARME//WINLAW

A Path to Lifelong Learning and Success

EDUCATION





I SAT HUDDLED ALONE IN MY SMALL DEBRIS SHELTER. IT WAS MAY 2, 2012. AT 1,400 METERS THERE WAS OVER 1 METRE OF SNOW AND THE TEMPERATURE HAD DROPPED WITH THE SUN. MY FEET WERE FREEZING AND I BEGAN TO FEEL COLD ALL OVER. I TRIED AGAIN TO START MY FIRE AS TEARS STREAMED DOWN MY FACE FROM THE SMOKE AND MY FRUSTRATION. WHY COULD I NOT MAKE THE FIRE BURN? I SEARCHED THROUGH THE WOOD I HAD COLLECTED FOR SMALL STICKS THAT SEEMED DRY; ALTHOUGH THEY LOOKED AND FELT DRY, THEY WERE NOT. NOTHING WAS DRY. SEVEN MONTHS OF RAIN AND SNOW HAD LEFT EVERY STICK AND TWIG WITH A DEEP DAMPNESS AND I THOUGHT LONGINGLY OF MY WOODSHED AT HOME, FULL OF DRY CHOPPED KINDLING. FOR THOUSANDS OF YEARS HUMANS HAVE CREATED FIRE; NEANDERTHALS MANAGED TO PERFORM THIS TASK. AS THIS THOUGHT STRUCK ME, I TOLD MYSELF TO PULL IT TOGETHER AND TRY AGAIN. TAKING THE LAST OF MY COTTON BALLS, I SOAKED THEM IN VASELINE AND COVERED THEM WITH A BATCH OF SMALL, DRY FIR BRANCHES. THEY CAUGHT QUICKLY AND BEGAN TO BURN. RELIEF FLOODED OVER ME AND I PILED ON MORE FUEL.

As the fire caught, it struck me what major misconceptions people can have about outdoor programs. The first thing I would like to do is dispel the myth that outdoor programs in high schools are places for “shredders,” “slackers” and kids who just want to get out of class. In reality, they bring together one of the most diverse groups of people that can be found in a high

school. I am interested in many things including history, theatre, music, politics and activism. However, the experiences I have had in outdoor education programs have been some of the most meaningful and life changing I have had so far. These programs build self-confidence and reliance, critical and objective thinking, group management and leadership skills.

In grade 10, I enrolled in the Valhalla Wilderness Program (VWP) at W.E. Graham School in Slocan, a community one hour from Nelson. From September to June, the class of 14 students (a split grade 9/10) attends regular classes during the week, except on Fridays when students go mountain biking, downhill skiing or hiking. Level 1 Avalanche Safety and



First Aid are part of the program and give students important life skills. Throughout the year, there are also six, four-day camping trips based on the Friday activities, which bring students into the wilderness to push their physical and mental limits.

By facing these challenges, students build confidence and self-reliance. In my grade 10 VWP journal, I wrote, “I feel much better about myself when I know I am capable and fit.” My teacher replied, “Remember this in the next few years, it will ground you and give you direction.” And it has.

This year, I decided to finish off high school by doing the Adventure Tourism Leadership and Safety (ATLAS) course at L.V. Rogers Secondary School in Nelson. ATLAS is a full-time semester of wilderness adventure and tourism skills for students in grade 12. The course begins with snow caving, winter camping, avalanche safety and ski touring. A new addition to the program this year was a solo survival night in early May, where we travelled up past the snow line carrying only a little food, water and fire starter. Each person was assigned a place and built a debris shelter in which to spend the night. Rock climbing and canoeing trips wrap up the course before graduation.

Along with the challenge of solo survival, spending the night in snow caves at -18°C and rock climbing, there is an academic challenge. The certificate courses taken through ATLAS are Level 1 Avalanche Safety, Advanced Wilderness First Aid and Ground Search and Rescue—each one a combination of practical

and textbook-based learning. These are intense courses that require study and memorization. Upon completion, students have important skills and can volunteer on search and rescue teams—an essential service in our mountain communities.

CLEAR AND CRITICAL THINKING SKILLS

ARE IMPERATIVE IN WILDERNESS

SETTINGS. CIRCUMSTANCES ARE

ALWAYS CHANGING, PROBLEM

SOLVING IS CONSTANT AND STUDENTS

MUST ADJUST AND EVALUATE MANY

FACTORS TO ENSURE THE GROUP’S

WELL-BEING AND SAFETY.

Students also form a special bond with each other and the land around them. Physical and emotional experiences with the mountains, snow, rock faces, rivers and lakes encourage students to care deeply for the environment and to actively work to maintain it. Shared memories create lasting, meaningful friendships, and mutual respect grows from the

trust students place in each other. Trust is not a gift to be given or received lightly—it must be earned. Rock climbing is a perfect example of the level of trust required in wilderness activities. While one person climbs, another belays them and holds the rope that is literally the climber’s lifeline.

Clear and critical thinking skills are imperative in wilderness settings. Circumstances are always changing, problem solving is constant and students must adjust and evaluate many factors to ensure the group’s well-being and safety. In both the VWP and ATLAS, students write journal entries to reflect on experiences and discover deeper meaning. Another important part of the classes’ safety is group management. The energy and skill-level of the group are as important as the weather and terrain, and students must learn to recognize and deal with group dynamics.

When people carry confidence and strength, critical thinking and group management skills, they can become strong leaders in many different settings. I am a violinist and my teacher’s teacher, Shinichi Suzuki, once said, “Teaching music is not my main purpose. I want to make good citizens. If children hear fine music from the day of their birth and learn to play it, they develop sensitivity, discipline and endurance. They get a beautiful heart.” I believe it is the same with outdoor education. The experience of being in a group like the VWP or ATLAS, and learning about yourself, the people around you and the land, is not about creating world-class athletes, but developing good-hearted human beings.



LOOKING BEYOND

PANIZ KHOSROSHAHY//CRANBROOK

CHIMAMANDA NGOZIE ADICHIE, A CELEBRATED NIGERIAN WRITER, MOVED TO THE U.S. AT AGE 19. IN 2009, SHE STARTED OFF HER TED TALK BY DESCRIBING HER ENCOUNTER WITH HER FIRST AMERICAN COLLEGE ROOMMATE. “[SHE] HAD A SINGLE STORY OF AFRICA: A SINGLE STORY OF CATASTROPHE. IN THIS STORY THERE WAS NO POSSIBILITY OF AFRICANS BEING SIMILAR TO HER IN ANY WAY, NO POSSIBILITY OF FEELINGS MORE COMPLEX THAN PITY, NO POSSIBILITY OF A CONNECTION AS HUMAN EQUALS.”

When I moved to Canada, unlike Adichie, I didn't really fit into any of the three most common categories of non-white people; I'm not African, Hispanic or Asian. Technically, however, I was born on the Asian continent, in Iran. I saw this lack of classification cause confusion among my new classmates. Based on their interactions with me, I only fit into one category, and that's the camp of the backward and uncivilized.

My classmates, just like Adichie's roommate, were puzzled by my existence, as if I wasn't

supposed to have hands, hair and feet, just like they did. When somebody said, “I don't think there's anyone who hasn't seen *Inception*,” all heads turned in my direction. “Have you seen it?” Yes, actually—twice. The questions continued one after another. Had I ever listened to Michael Jackson? Where had I learned to speak English, or use a digital camera? Had I ever heard of Facebook? Is there Internet at all out there?

Adichie calls it “irritating” when Africa is referred to as a country. I'm not irritated, but

used to the Middle East being considered a big, unified, sandy desert, with waves of heat coming from every direction and camels wandering around as means of transportation—no snow, no rain, no cloud, nothing. When I informed somebody that, yes, I had indeed used a TV before coming to Canada, she was baffled. “But how do you get electricity?” she asked. “Don't you live in tents?”

Well, I used to live in an apartment building, just like other people there, with an elevator to take me up six floors. Also, I've been very lucky

the Single Story

compared to other ordinary Iranians for actually having had the privilege to travel to the desert in Central Iran and experience the beauty of it for a few hours. Camels, unfortunately, I have never seen.

**MY CLASSMATES, JUST LIKE ADICHIE'S
ROOMMATE, WERE PUZZLED BY MY
EXISTENCE, AS IF I WASN'T SUPPOSED
TO HAVE HANDS, HAIR AND FEET, JUST
LIKE THEY DID.**

Once, a friend had "good news" for me. She had come across the Donald A. Wehrung International Student Humanitarian Award, the University of British Columbia's scholarship for "international students from impoverished

or war-torn areas." Only people "who have achieved academic excellence under difficult circumstances" are eligible to apply. Hard as I tried, I couldn't come up with a single "difficult circumstance," a small obstacle, barricading my way to educational pursuits. I was a happy child.

"There is no war in Iran," I told her. I had to explain that, in Iran, people go out to have coffee, watch a movie and play badminton in a park, without being shot or fearing bombs. It was here in Canada that I saw a gun for the first time. I had never come so close to bloodshed: friends and neighbours who hunt and a town that culls its deer. My friend kept staring at me, like others, in bewilderment.

On another occasion, a friend asked me if "the bad guy that the Americans killed last year" lived in my country. The fact is that Osama Bin Laden was from a different race and a different country, and spoke a different language than I do. In the Middle East, there are people of Persian heritage, like me, and those of Pashtun, Tajik, Hazra, Uzbek, Aimak, Turk, Kurd and Turkmen ancestries. Being from the Middle East doesn't necessarily mean being a Muslim, and Islam doesn't equal the Middle East either—in

fact, the country with the highest Muslim population in the world is Indonesia.

"Do we," Adichie asks, "after reading *American Psycho*, conclude that all young Americans are serial murderers? I had read Tyler and Updike and Steinbeck and Gaitskill. I didn't have a single story of America. The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete. They make one story become the only story."

Adichie blames media coverage for stereotypes. "That is how to create a single story: show a people as one thing, as only one thing, over and over again, and that is what they become."

One day a friend's dad agreed to drive me home. "It's not always I have somebody from Iran in my car." I felt through his wide-open eyes that I wasn't supposed to be the person beside him—in a T-shirt and shorts, my hair lazily packed in a ponytail, having just drunk coffee and studied Canadian history for a final. I wasn't the single story of Iran he knew—a single story of war, impoverishment and camels.

TRIGGER TIPS

BE AWARE OF THE LIGHT.

Think about where your light is coming from and how it interacts with your subject.

TAKE SOME VERTICAL PHOTOS.

Your camera is pretty easy to turn on its side; make sure to experiment with all of your framing options.

MOVE OUT OF THE BULLSEYE.

Frame your subject in an interesting way that engages the viewer.

FOCUS, FOCUS, FOCUS.

Don't let your camera tell you what should be in focus, tell your camera what should be in focus.

AUTOMATIC SETTINGS ARE FOR AUTOMATIC PEOPLE.

Use your manual settings and don't let your camera boss you around. Get to know all of the functions and what they are for. Watch some tutorials and read some books. A camera is just a tool you need to be the artist.

SHOOT, SHOOT, SHOOT. AND THEN SHOOT A COUPLE MORE.

Luckily you don't have to pay for film, so take advantage of it. Even if you are shooting film, don't be a cheapskate.

ALWAYS MAXIMIZE YOUR SETTINGS.

Set your camera to maximum quality, sharpness and file size for all photos. Use your camera to the most of its abilities; if you want lo-res images, use your phone. Remember that you need to have a resolution of 300dpi for proper print reproduction.

PEELING AWAY//TARO FIDDICK-HALFNIGHT//NELSON

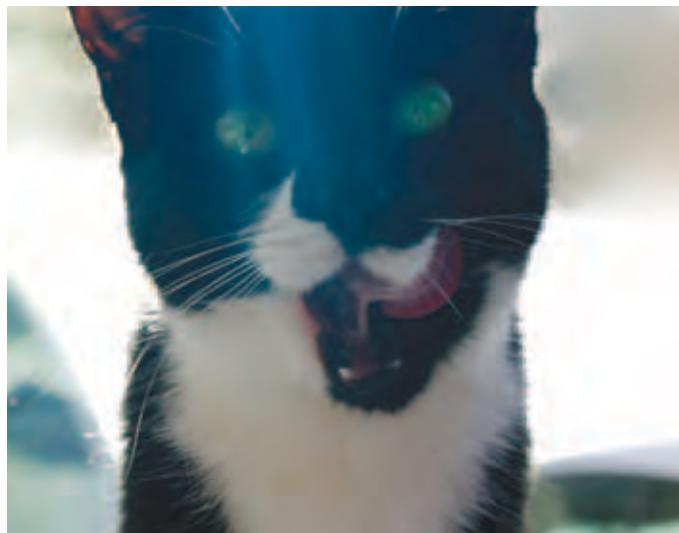




NORM'S NOSE//KATIE JAMES POETSCH//NELSON



CHAPLINCAR//MINKA BARTELS//NELSON



LISA//CRYSTAL UNGER//NAKUSP



LIVING ROOM//BROOKE JOHNSON//NELSON



WELL//KARA DEANE//ROSSLAND



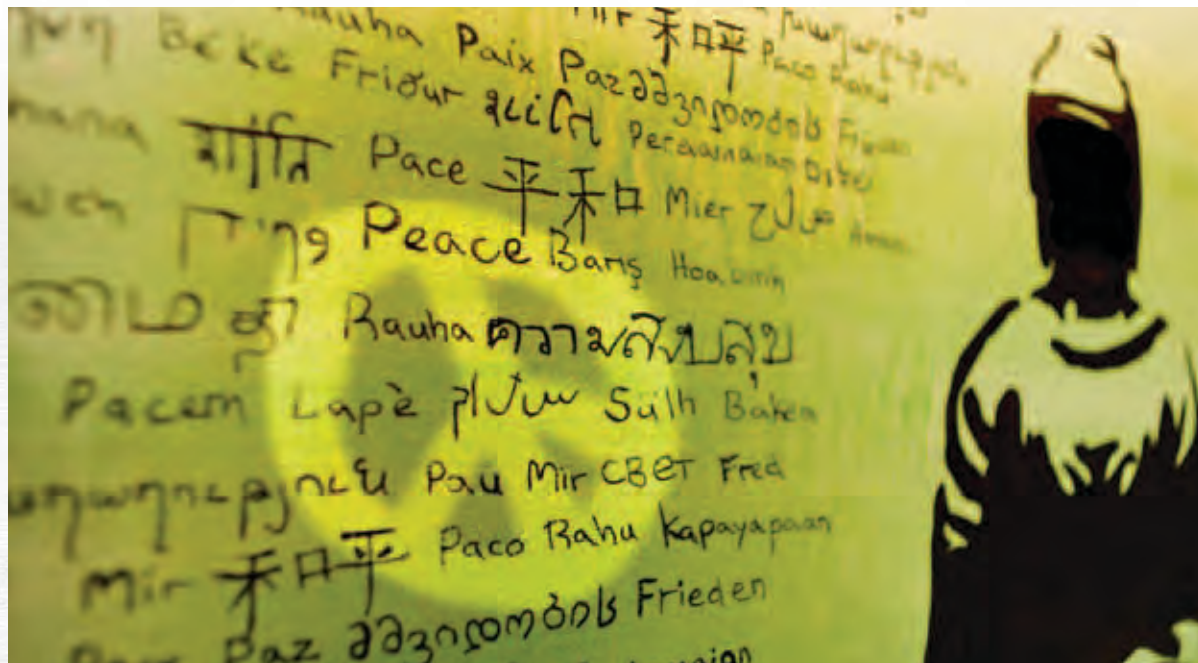
GLOWING MEN//PAIGE PHILLIPS//NELSON



KING OF HEARTS//JAMES KLEMMENSEN//ROSSLAND



PEACE//MINKA BARTELS//NELSON



BY THE LAKE//JOSH JACOBY//NEW DENVER



LIKE CLOCKWORK//KARA DEANE//ROSSLAND



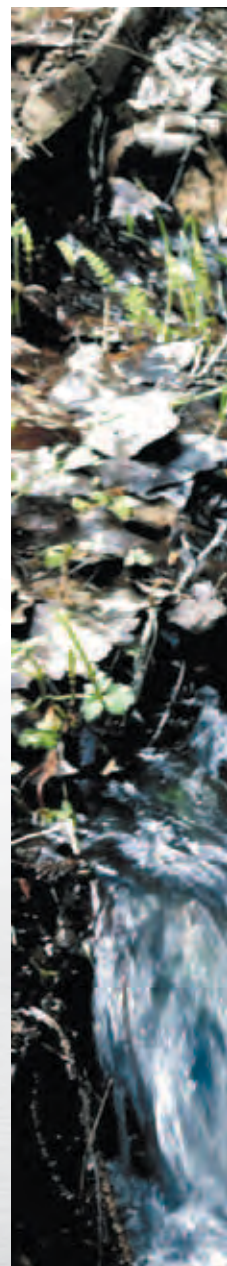
TURNTABLE//MANDY HUSER//SALMO



NEW SHOES//KARA DEANE//ROSSLAND



WILLOW//CRYSTAL UNGER//NAKUSP





Get Published **GET PAID**

{ There are two deadlines annually for submissions:
Spring Issue = **JANUARY 1** Fall Issue = **JULY 1** }

PHOTO COLLECTIONS

High Resolution

- Collections must be three photos
 - Minimum 300 dpi resolution at 8" wide.
 - File name must be photo name.
- \$60** per collection.
\$100 if one of the collection photos is chosen for the cover.

Camera Phone

- Collections must be three photos of any resolution.
 - File name must be photo name.
 - Not eligible for the cover.
- \$60** per collection.



DROPS OF CREATIVITY



NEON SWIRLS OF CREATIVITY//THERESA THOMS//CASTLEGAR





DROPS OF CREATIVITY



LIGHT MY WORLD//THERESA THOMS//CASTLEGAR



A DIFFERENT PERSPECTIVE//THERESA THOMS//CASTLEGAR



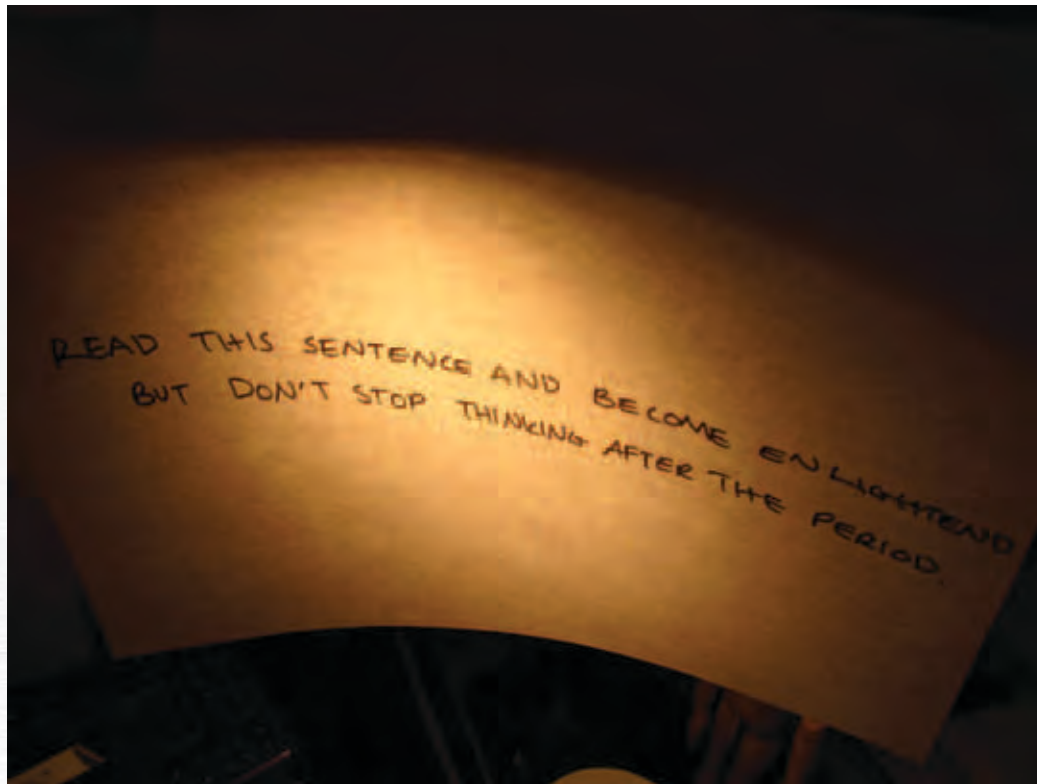
ENLIGHTENMENTOFFIRE



GOBLET OF FIRE//TARYN WALKER//REVELSTOKE



ENLIGHTENMENT//TARYN WALKER//REVELSTOKE





MOLTEN GOLD//TARYN WALKER//REVELSTOKE



SOLVE ME?

SADYE BUTLER//NEW DENVER

I feel trapped in a conundrum
a jigsaw puzzle with missing pieces
I'm not made to solve
and even if you do put me together
I'll never add up
never really be whole.

ONCE UPON A TIME...

JENNIFER DIMOCK//SALMO

...there was a little girl
who was looked at strangely by the
great wide world,
so she grabbed a pencil and a near-by page
and wrote her way into the world today.

INSIDE

BROOKE JOHNSON//NELSON

waiting.
just waiting.
for someone to come
along.
to push me into motion, or to
carry
me. my inner and the
outers
in constant battles.
how do i bring positive
change
when i can't even
find the
calm
inside? the inside always wins;
a child's pleas to a
tired
parent. why leave the comfort?
why leave the
coze?
why touch reality's
harsh surface -
a moist tongue touching the ice
cold
steel. it hurts.
no, i think i'll stay
in
just one more day.
just one more
night.

CHESS

EMMI MATERN//SOUTH SLOCAN

In the world of black and white
Life is strategy, fight or flight.
If you dare to make a stand,
You will be abandoned by those in command
Shunted aside on the quest to the king
You will go back and forth, like on a swing
From charcoal to midnight to sticky black tar
Antagonist to enemy, who will give you a scar
For daring to do what others did not,
You were caught in a net and tied in a knot.
And now you are shadowed, the dark side of
the moon
And they say, "Next time will you dare to sing
another tune?"

WHISPER

KRISTYN GOULDING//TRAIL

I hear you whisper in my ear,
Saying you wish you were here.
I try to whisper back,
But can't.
I try to tell you I miss you.
You're never able to hear.
I scream,
Shout,
Cry,
And wish.
Yet you're never able to hear me say I miss you.
But I can always hear you whisper.

Get Published GET PAID

{ There are two deadlines annually for submissions:
Spring Issue = **JANUARY 1** Fall Issue = **JULY 1** }

POETRY Limited to 30 lines \$20

Pics in Print

Look at a photo and put that image into poetry.

A Message From the Universe

Today you realize the universe is sending you a message.
Put that message into poetry.

Ode in Poem

Write a lyric poem that celebrates a person, place, thing
or idea.

DIRTY LAUNDRY

SADYE BUTLER//NEW DENVER

If I was to lean into the comforts of you would
you let me?

Or merely wipe away my memory as not to
leave a stain

Every time I go back to the beginning it's
always your name, over and over again
Printed clearly and burned into my story
I've denied this a thousand times

Telling myself that every lie held the truth's
hand and I didn't want to believe that lovers
cheated

Somehow I cannot erase you

Not with the repeated strokes of heartbreak or
the release of letting go

I just thought you should know, you're still
there

In the back of my mind imprinted on a
postcard of our journey

You stick out, you're not hard to find

And maybe that's just because I'm trying so
hard to hide you

To bid myself little pieces of time

Because getting through the days where your
absence is the stench of dirty laundry and the

washing machine is broken, is hard enough

My heart has now developed a front line

Something to screen my trespassers so that

next time I let someone in, it won't be a mistake

And I won't have to lie in the lake of my tears
wishing I could take back the kissing

Feeling pathetic, because even if you left me, I
can't help missing you

Can't help wishing you'll walk through that
door

And that hurts

A whole lot more

THE STORM

LORAE BLACKMORE//LISTER

A hazy sky, hiding the Sun's affection.

Sweet emerald eyes gaze up, shocked by the
sudden darkness.

Had it really been but moments before?

The sky had been a blanket of blue.

Dazzling dewdrops had dangled lazily from
lush blades of grass.

Now, liquid dreariness fell angrily from the sky.

Threatening shadows loomed and

Small creatures scurried.

Amidst the hateful drops, an innocent one fell.

The tears of this sweet girl were flowing quickly
now.

As a thunderous storm enveloped the valley,
her legs frantically pedalled on her chipped

yellow bike.

No more was life a playground.

No more was everyone a friend.

No more was she the small child with the sweet
emerald eyes.

Not a girl, not a woman, but searching for
herself.

Searching beyond the hazy sky for the Sun's
affection once again.

OUR FUTURE

EMMI MATERN//SOUTH SLOCAN

They say we are insane

Teasing, but with an undercurrent of dread

At who we are

And what we will accomplish.

They see our campaign

Eyes wide with shock at what we leave unsaid,

Who we are

And what we will accomplish.

Genius, they say

Crazy, they think

As they hide,

Cowering,

Behind tradition

Waiting for the apocalypse,

The storm that is us.

They tell us to attain

The universe, always get ahead,

But they are terrified

Of who we are

And what we will accomplish

YOUROWNVENTURE CANCON



www.genv.net

Ashoka is a global organization that supports social entrepreneurs. Young Canadians can apply to Youth Venture for support in launching their own “social ventures”—sustainable youth-led projects that benefit communities or the world at large.



www.onf-nfb.gc.ca

As Canada’s public film producer and distributor, the National Film Board of Canada creates social-issue documentaries, animation, alternative dramas and digital content that provide the world with a unique Canadian perspective.

SPREADTED



www.ted.com/tedx

Created in the spirit of TED’s “Ideas worth spreading,” the TEDx program is designed to give communities, organizations and individuals the opportunity to stimulate dialogue through TED-like experiences at the local level. TEDx events are planned and coordinated independently on a community-by-community basis.

ADVOCATINGHOPE



www.syc-cjs.org

The Sierra Youth Coalition is an organization run by youth for youth, which serves as the youth arm of Sierra Club Canada. Its mission is to empower young people to become active community leaders who contribute to making Canada a better society.

ACTIONISEXCITING



www.apathyisboring.com

Apathy Is Boring uses art and technology to educate Canadian youth about democracy. A national non-partisan project, it envisions a Canada in which youth are active decision makers at all levels of the democratic process and in which apathy doesn’t exist.

FINDERSKEEPERS

SCRATCH is distributed to these locations:

Castlegar

Bagels & Brew
Castlegar & District Community Services Centre
Castlegar & District Public Library
Castlegar Youth Employment Services
Columbia Basin Trust Office
Common Grounds Coffee Shop
Freedom Quest
Industrial Surf/Source for Sports
JJ's Fashions
Kootenay Gallery
On-line Learning Centre
Selkirk College Student's Union
Selkirk College Library
Stanley Humphries Secondary School

Cranbrook

Big Brothers Big Sisters of Cranbrook
Canadian Mental Health Assn. for the Kootenays
Columbia Basin Trust Office
Cranbrook Boys & Girls Club
Cranbrook Family Connections
Cranbrook Public Library
EK Addictions Services
Hot Shots Cappuccino & Fresh Food Bar
Kootenay Roasting Co
Ktunaxa Nation Council Child & Family Services
Lotus Books Inc.
Mount Baker Secondary School
Pages Book Emporium
Summit Community Services Society
The Choice Skateboards and Snowboards

Crawford Bay

Crawford Bay Secondary School

Creston

Black Bear Books
Buffalo Coffee House
Creston & District Public Library
Grand Central Perks & Blends
Kingfisher Quality Used Books
Mormon Hills School
Prince Charles Secondary School
The Snoring Sasquatch

Edgewater

The Edge

Elkford

Elkford Public Library
Elkford Secondary School

Fernie

Fernie Arts Station
Fernie Heritage Library
Fernie Secondary School
Fernie Women's Centre

Golden

Bacchus Books
Bean Bag Coffee Roasters and Internet Cafe
Columbia Basin Trust Office
Darkside Snow Skate BMX

Golden (cont.)

Dreamcatcher Hostel
East Kootenay Addiction Services Society
Golden Family Centre
Golden Secondary School
Jita's Cafe

Gray Creek

Gray Creek Store

Invermere

Columbia Valley Employment Services
Dave's Book Bar
David Thompson Secondary School
Invermere Public Library
Kicking Horse Coffee Cafe
Quality Bakery
Summit Youth Centre

Kaslo

Blue Belle Bistro
JV Humphries Secondary School
Kaslo & Area Youth Council
Kaslo & District Public Library
Langham Cultural Centre
Rudolph's Bakery & Pastry

Kimberley

Bean Tree
Kimberley Arts Council - Centre 64
Kimberley Public Library
Selkirk Secondary School
SPARK Youth Centre

Kootenay Bay

Ashram Books
Fairy Treats

Meadow Creek

Lardeau Valley Community Centre

Nakusp

Arrow & Slocan Lakes Community Services
Columbia Basin Trust Office
Freedom Quest
Nakusp Secondary School
What's Brewing on Broadway

Nelson

ANKORS
Cicada Place
Dominion Cafe
Earth Matters
Freedom Quest
Grounded Organic Coffee House
Jigsaws Coffee Co.
LV Rogers Secondary School
Nelson & District Youth Centre
Nelson CARES
Nelson Municipal Library
Nelson Waldorf School
Oso Negro
Otter Books
Packrat Annie's
Ripping Giraffe
Self Design High
Selkirk College - Silver King Campus
Selkirk College - Tenth Street Campus

Nelson (cont.)

Shambhala Music Festival
Sidewinders
Touchstones Nelson: Museum of Art & History
Youth Employment Resource Centre
Nelson Municipal Library

New Denver

Lucerne Elementary Secondary School
New Denver Reading Centre
Nuru Coffee Bar

Radium Hot Springs

Radium Public Library

Revelstoke

Community Connections Society
Revelstoke Secondary School

Rossland

Alpine Grind
Café Books
Kootenay Assoc. for Science and Technology
Ross Vegas Board Sports
Rossland Public Library
Rossland Secondary School
The Underground Café
Sunshine Cafe

Salmo

Dragonfly Café
Salmo Community Services
Salmo Public Library
Salmo Secondary School
Salmo Valley Community & Youth Centre

Slocan//South Slocan

Harold Street Cafe
Mount Sentinel School
WE Graham Community School

Sparwood

Sparwood Secondary School
Sparwood Recreation & Leisure Centre

Trail

Career Development Services
Clive's Coffee Bar
Columbia YCDC
Greater Trail Community Skills Centre
JL Crowe Secondary
Rebelato's Morning Perk
Sanctuary
Trail & District Public Library
Trail Coffee & Tea
Trail FAIR Society

Valemount

Valemount Secondary School
The Gathering Tree

Warfield

Cornerstone Café & Deli

Windermere

Askisqnu Learning Centre

Winlaw

Cedar Creek Café
Jennie's Book Garden



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For more info visit www.cbt.org or call **1.800.505.8998**