



EXPLORE

Columbia
Basin **trust**

BASIN
Youth
NETWORK

★ WHO AM I? ★ OVERVIEW OF TODAY ★ DO YOU HAVE WHAT YOU NEED?



RULES OF ENGAGEMENT

A close-up photograph of two hands, one above the other, cupping a bright red, glossy heart. The hands are positioned centrally, with the heart resting in the palm of the lower hand. The background is a solid, light teal color.

- ★ RESPECTFUL COMMUNICATION
- ★ SUPPORTIVE ENVIRONMENT
- ★ PLEASE TURN OFF CELL PHONES



1:GETTING TO KNOW EACH OTHER

- ★ Where do you go to school?
- ★ What's something unique about you?
- ★ Have you had a job before?
- ★ Are you working now?
- ★ What kind of job would you like to find



WHAT ARE THEY?

LIST FIVE OF YOURS

MATCH YOUR
STRENGTHS TO
SKILLS

2:STRENGTHS

3:SKILLS

LIST FIVE OF
YOUR
SKILLS,
HARD AND
SOFT



A person wearing a red jacket and black gloves is holding a red shovel with snow on it. The shovel is stuck in the snow. The background shows a vast, snowy mountain landscape under a clear sky.

DIGGING DEEP

- ★ Where do you use this skill?
- ★ How does this skill help you get tasks done?
- ★ How does it help others?
- ★ Give as much detail as you can.

TRANSFERABLE SKILLS



- ★ SELECT TWO CAREERS FROM THE LIST IN YOUR ACTION PLAN
- ★ LIST ALL THE SKILLS INVOLVED IN PERFORMING THE FIRST JOB
- ★ HOW MANY OF THESE SKILLS CAN BE USED IN THE SECOND JOB?

**THANK
YOU AND
SEE YOU
SOON!**

- ★ ANY QUESTIONS OR COMMENTS?
- ★ OUR NEXT SESSION
- ★ PLEASE TAKE A MOMENT TO
COMPLETE YOUR FEEDBACK FORM

